

# CARTERET *On The Move*

www.Carteret.net



## Carteret School District Building Referendum Passes: New Junior High School Starts Construction This Year



**Dan Reiman**  
*Mayor*

**Randy Krum**  
*Council President*

*Council Members*

**Vinnie Bellino**

**Jorge Diaz**

**Dennis DiMascio**

**A.J. Johal**

**Susan Naples**



*A publication of*  
**The Carteret  
Business  
Partnership**

*A non-profit 501(c)(3) corporation*

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Peter Visceglia ..... *Member*

**Memorial  
Municipal Building  
61 Cooke Avenue  
Carteret, NJ 07008**

**Phone  
(732) 541-3800**

*The C.B.P. is a Non-Profit Corporation  
that promotes Business Retention  
and Recruitment through a variety of  
Marketing Programs and Incentives.*

Mayor Daniel J. Reiman and Superintendent Rosa Diaz have announced that the Carteret School District's \$37 million building referendum has passed, after voters decided in favor of the proposed question by a 3-1 margin (74% - 26%).

*"Carteret has voted once again to move our Town into the future with vast improvements to our schools," said Mayor Dan Reiman. "Consistent with projects Borough-wide like our upcoming Performing Arts Center, Ferry Terminal, and beautiful Waterfront, the new Junior High School will increase property values and continue making Carteret a great place to live, work and raise a family."*

Mayor Reiman, along with the School Superintendent Rosa Diaz, co-chaired a working group on the school construction project.

*"Over the past few years, we've worked together on shared services, cooperative purchasing and recently used shared services to rehabilitate the track and field at Walter J Overholdt Stadium, providing for a new High School field and public park with amenities," continued Mayor Reiman.*

*"This Referendum would not have passed*

*or even be proposed without the hard work of Mayor Reiman," said Carteret Board of Education President Marty Murray. "Due to ethics laws, the School Board and School Administration were not permitted to be active proponents of the referendum, but the improvements are clearly needed and overdue, so we thank Mayor Reiman and the Council for their support and help in getting this Referendum passed."*

*"We've been working very hard to make many improvements to the District and the approved Referendum funds will allow us to continue that progress," said Superintendent Diaz. "Our district's goals are instruction - we believe that all our kids deserve a high-quality education and rigorous curriculum; student health and wellness -we want to provide a culture that's positive and supportive; high quality facilities that are conducive to learning; and security to keep our children and staff safe. The referendum represents the district's best effort to balance the needs of students with that of our taxpayers. Current historically low interest rates, along with the fact that the new Junior High School will be built on existing board property, will result in the lowest possible cost."*

In addition to the new 600-student, 3-story,

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# New Junior High School Starts Construction This Year

[con't. from cover]

30,000 square foot Junior High School featuring state-of-the-art classrooms and STEM labs, media spaces, a cafeteria, band and music rooms, gym, and think tank, money will also be allocated for new lighting and sound at Carteret High School's Auditorium. In addition, the fire exits and stairwells at the High School will also be made accessible and safer. At Carteret Middle School, the stairwells will be improved and a new heating and air conditioning system will be installed. Nathan Hale Elementary School and Minue School will receive fire exit renovations, with Minue also receiving HVAC renovations.

*"Now that the Referendum is approved, qualified bidders will be able to bid on the project in an open process and bids will be awarded. Then construction will start as early as late Summer 2020 and the new building and improvements will be ready approximately three years from September,"* said project architect Lloyd Rosenberg.

Gary Higgins, CPA for the Board of Education, explained that now is the best time financially for construction of the new Carteret Junior High School.

*"We have two things going for us right now that make this the best time to build in the district,"* said Higgins. *"A prior bond issue expired and the current debt service component of the project dropped by approximately \$1.5 million, which freed up*

*\$790,000 of bond funds annually. In addition, interest rates are at historically low rates. At the current time, we are figuring about 3.5% at current interest rates. A local district just received a 1.9% interest bond. Money is cheap right now, so it's the best time to do construction."*

The project is eligible for partial state aid on costs totaling \$12,586,000. On that amount, the district will receive about \$7.4 million, which could only have been ascertained through a referendum and not the yearly budget. Based on current state aid figures, the cost for the average Carteret homeowner will be less than \$7 per month, depending on the amount of aid the state awards Carteret. 51% of the Carteret tax base is collected through residential properties while the remaining 49% is paid by industrial and commercial properties.

For more information on the approved Referendum and imminent improvements to the District's schools, visit the school district's website at:

[CarteretSchools.org](http://CarteretSchools.org)

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# The Municipal Marina

at CARTERET WATERFRONT PARK



The Borough of Carteret is now offering registration for slips at the Carteret Municipal Marina, which just opened this past spring. The Marina, located along the Arthur Kill River at Carteret's beautiful Waterfront Park, 200 Middlesex Avenue, features 185 slips, 38,000 square feet of floating docks, gas and diesel fueling stations, sanitary pump out, deepwater port, and a 17-foot draft.

Slips are offered at competitive pricing - the lowest along the channel in the region. Carteret residents are offered even lower rates. Slip contracts and registration are available online for seasonal, annual, or short-term rentals at [Carteret.net/Marina](http://Carteret.net/Marina).



- ★ Nestled along the Arthur Kill in Carteret Waterfront Park and across from Staten Island
- ★ Minutes from the Raritan Bay
- ★ A short distance from Manhattan and key points along the Jersey Shore
- ★ Private restrooms & parking for slip holders
- ★ Steel piles, concrete floating docks, and state of the art marina design for boat safety
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- ★ Year-round wet weather storage available
- ★ Future dry dock storage
- ★ Future Waterfront Events Center
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(732) 541-3820, ext. 3110**

**[Carteret.net/Marina](http://Carteret.net/Marina)**

# Carteret Announces \$700,000 Grant by NJDOT for Extension of Carteret Avenue to Waterfront

Mayor Daniel J. Reiman has been joined by NJ Assembly Speaker Craig Coughlin and Middlesex County Freeholder Director Ronald G. Rios to announce that the Borough of Carteret has been awarded a \$700,000 grant from the New Jersey Department of Transportation for the Borough's project to extend Carteret Avenue from its current terminus at Roosevelt Avenue. The roadway extension will connect Carteret Avenue through the Peter J. Sica Industrial Highway to Carteret Waterfront Park.

The estimated total cost of the project is \$1,095,978.75.

*"Improving Carteret's roadways is a priority of my administration and we work tirelessly to secure funding for infrastructure projects," said Mayor Reiman. "I want to thank Governor Murphy, Speaker Coughlin, and NJDOT Commissioner Diane Gutierrez-Scaccetti for awarding Carteret this grant and past grants as we continue to build a better Carteret."*

The improvements to Carteret Avenue will include the widening and extension of the roadway's alignment from an existing T-intersection with Roosevelt Avenue, extending the roadway approximately 700 linear feet to create a new four-way signalized intersection with Peter J. Sica Industrial Highway. The proposed intersection at the eastern limits of the work on the opposite side of Industrial Highway would also be widened to accommodate

traffic. Additional inlets and drainage pipes will be installed to adequately drain the roadway.

*"New Jersey is the most densely populated state in the country which means our roadways are constantly the subject of extreme wear and tear, particularly when industrial traffic is a constant," said Assembly Speaker Craig Coughlin. "Grants like the one awarded to Carteret by the New Jersey DOT help ensure that roads in Carteret are safe, well maintained and able to adequately support both car and truck traffic."*

This grant is in addition to the \$4 million NJDOT grant the Borough received last fiscal year for improvements to Peter J. Sica Industrial Highway and the \$592,000 NJOT grant the Borough received for streetscape improvements in the upcoming Carteret arts district.

*"In Middlesex County, the Board of Chosen Freeholders and our municipalities, like Carteret, are committed to keeping our infrastructure strong," said Middlesex County Freeholder Director Ronald G. Rios. "This grant will make needed improvements to Carteret's roadways, ensuring their residents and visitors can travel safely through the Borough."*

To learn more about the NJDOT's 2020 Municipal Aid awards, visit <https://www.state.nj.us/transportation/business/localaid/>



## The Carteret Business Partnership, Inc.

Carteret welcomes new business Elly Beauty Supply, 1299 A Roosevelt Avenue  
**NOW OPEN!**

# Mayor Reiman Swears In Councilmen Bellino & Diaz to 6th Term; Krum Elected Council President



Mayor Daniel J. Reiman swore in Councilmen Vinnie Bellino and Jorge Diaz to their 6th terms on the Carteret Borough Council on Monday, January 6th at the annual re-organization Council meeting in the Thomas J. Deverin Community Center. Councilmen Bellino and Diaz were elected in the November General Election, with each receiving 50% of the vote.

*“I’m proud of all our team continues to accomplish with the leadership of Mayor Reiman and the support of Carteret’s residents,” said Councilman Bellino, a U.S. Army Veteran and retired Senior Manager at FedEx. “We continue to look towards the future with our upcoming Carteret Performing Arts Center, Ferry Terminal, Waterfront Events Center, and improvements to the Borough’s infrastructure.”*

Councilman Bellino is the Commissioner for Parks and Recreation and helps plan Carteret’s parades, festivals, and other recreational activities. He and his wife Jean Marie Bellino have four children, Michele, Michael, Vincent, and Frank.

*“Thank you to Mayor Reiman, my family, and Carteret’s amazing residents for their support during my 15 years on the Council,” said Councilman Diaz, who is a former*

*wrestling and little league Coach and the Superintendent of South Amboy Schools. “I’d also like to acknowledge the work our Borough’s professional staff does each and every day to serve and meet the needs of residents.”*

Jorge and his wife Rosa have two children, Cristian and Karina.

Councilman Randy Krum was elected to a 1-year term as Council President by his fellow Council members, assuming the role from Councilwoman Susan Naples, who served throughout 2019.

Mayor Reiman and his Council team have worked relentlessly to improve Carteret’s resources during their time in office. Thanks to their pursuit of over \$1 billion in private investment, grants, and landmark awards and settlements against past chemical operators, projects like the Carteret Waterfront, Municipal Marina, park improvements, and infrastructure advancements have been made possible while taxes remain at the lowest in the region.

*“Residents can anticipate increasing property values as Carteret becomes a destination for families, professionals, and businesses to thrive and enjoy all our Borough continues to offer,” said Mayor Reiman.*





# SAVE the DATES

Carteret Recreation Commission  
(732) 541-3890 • [www.carteret.net](http://www.carteret.net)

## 2020

For complete schedule visit [www.Carteret.net](http://www.Carteret.net)



## COMMUNITY WALKS

RWJ RAILWAY FITNESS & WELLNESS CENTER  
CARTERET

## 2020

For complete schedule visit [www.Carteret.net](http://www.Carteret.net)



AT THE MEMORIAL MUNICIPAL BUILDING / 61 COOKE AVENUE

## Saturday Apr. 4

## EASTER EGG HUNT

at Civic Center Park



## Saturday Apr. 18



## Rabies Clinic



## Saturday May 2 & Sunday May 3

## SPRING YARD SALE

## Saturday May. 16



## DISABILITIES AWARENESS FESTIVAL



## Sunday May 24



## Friday July 3



## July & August

at Waterfront Park



**July &  
August**  
at Carteret Park

# Concerts in the Park

presented by Mayor Dan Reiman

**Saturday  
July 25**  
Rain Date 8/1



**Saturday  
Sept. 5  
& Sunday  
Sept. 6**

**FALL  
YARD SALE**

**Friday  
Sept. 11**



**Thu. 9/17  
- Sun. 9/20**



**Saturday  
Sept. 19**

**ETHNIC DAY  
FESTIVAL**

**Saturday  
Oct. 31**



**Wednesday  
Nov. 11**



**Friday  
Dec. 4**



**Thursday  
Dec. 10**

**Menorah  
Lighting**



# Popular Interactive Fitness Company Peloton to Open Facility in Carteret



Peloton Interactive has signed on to lease a 156,068-square-foot industrial facility at 1500 Blair Road in Carteret.

The national interactive fitness platform, which offers cutting-edge workout bikes for indoor cycling as well as other fitness related instruments, began occupying the space this past October, using it as a warehouse, distribution and fulfillment center.

*“Carteret is happy to welcome Peloton to our thriving industrial district,” said Mayor Reiman. “This immensely successful company joins some of the biggest names in the country, like Amazon, Dr. Pepper/Snapple, FedEx, NuWorld, and Performance Team in calling Carteret home, thanks to the Borough’s prime location and business friendly policies.”*

The facility that Peloton is leasing was constructed in 2017 as part of redevelopment with Hampshire Companies and features 17 loading docks, 36-foot ceilings, ESFR sprinklers and a secured

truck court with parking and trailer storage.

*“Peloton Interactive needed a state-of-the-art warehouse and distribution facility with convenient access to the New Jersey Turnpike that was also in close proximity to New York City and near a robust labor pool,” said CBRE Senior Vice President Scott Belfer. “1500 Blair Road fit our client’s requirements perfectly and its location was a key factor in its decision to commit to a long-term lease for the entire complex.”*

To apply for available positions at the Carteret Peloton facility, visit:

[OnePeloton.com/careers](https://OnePeloton.com/careers)



**Congratulations to the 3rd graduating class of the Carteret Technical Institute! Mayor Dan Reiman presented the graduates with their diplomas at the Borough Council meeting on February 6th.**





# Mayor Announces \$2.5 million in Grants for Bishop Andrews Chrome Park Improvements

Mayor Reiman and the Carteret Borough Council were joined by New Jersey Assembly Speaker Craig Coughlin and Middlesex County Freeholder Director Ron Rios to announce \$2.5 million in grants the Borough has been awarded for major capital improvements to recreational activities at Bishop Andrews Chrome Park.

The New Jersey Green Acres Grant Program has awarded Carteret \$1 million and the County of Middlesex has awarded \$1.5 million toward the project, which will start in the Spring of 2020 after ongoing remediation is completed by USMR, a former smelting company, who operated in Carteret from 1901-1986.

*“Carteret’s parks are known for being the best in the region,” proclaimed Mayor Dan Reiman. “Chrome Park will now become a regional destination for sports and outdoor activities thanks to support from the state and county.”*

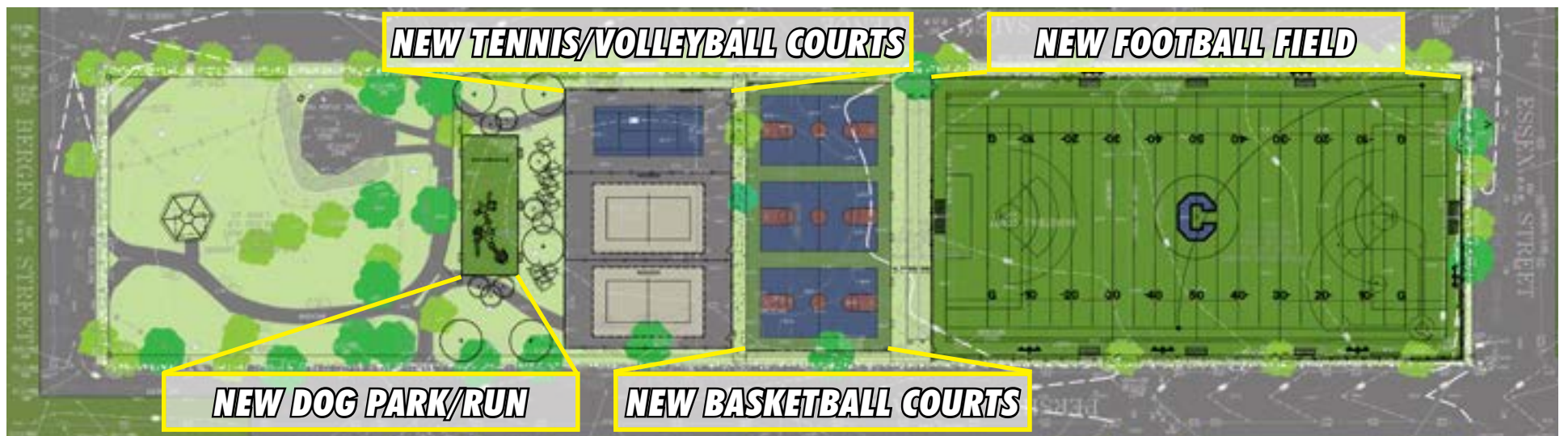
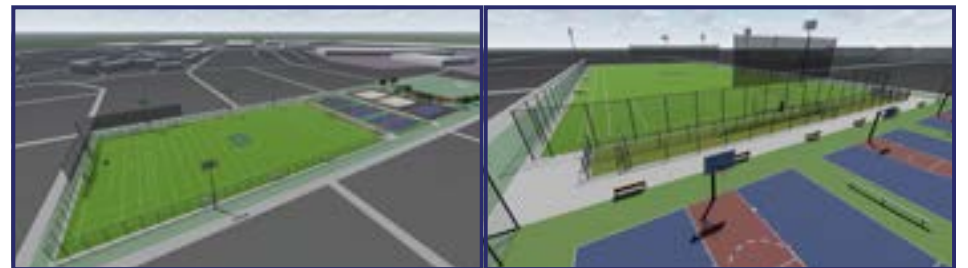
The Borough plans to install a new multi-purpose turf field at the Park, which will be utilized for football, soccer, Little League baseball and fast pitch softball. The state-of-the-art field will be constructed with the highest quality materials and available for recreational leagues, organized youth sports, and passive public recreation. In addition, new basketball courts will be added, which will allow for pickup games and outdoor recreation leagues. Throughout the park, landscaping improvements will

be made, including new plants, trees, soil, and flowers which will improve aesthetics and offer an inviting public space.

*“Outdoor activities and recreation are important for all children,” said NJ Assembly Speaker Craig Coughlin. “The amenities at Carteret’s Chrome Park will provide children and adults with state of the art facilities in a safe, welcoming environment.”*

Just a few years ago, the Borough made \$1.2 million in improvements to the park, including paved pathways, ADA compliant pedestrian areas, concrete sidewalks, benches, picnic tables, drainage improvements, additional parking spaces, and a Spray Park featuring a textured concrete spray pad with an above ground structure that sprays jets in a variety of patterns, and also acts as a water reservoir to use for landscaping.

The park is located on 4.5 acres at the corner of Pershing and Salem Avenues. For a complete guide to Carteret’s parks, please visit [Carteret.net/parks](http://Carteret.net/parks)



## Donate Blood to Cure Current Shortage

New Jersey is currently facing a blood shortage and donations are critically needed, according to Vitalant, one of the state’s primary blood providers. During the busy holiday season, 21,000 fewer blood donations were received than expected, and now blood providers nationwide have less than a two days’ supply of necessary blood types.

Shortages in blood supply force hospitals to prioritize blood in some circumstances and vital surgeries may need to be postponed because blood is needed for trauma patients who suffer life-threatening injuries.

*“I encourage all eligible donors to consider donating blood as soon as possible,” said Mayor Reiman. “Every two seconds a patient needs blood and someday that patient may be you or someone you love.”*

According to the Red Cross, a single donation can save three lives. One blood donation provides different blood components that can help up to three different people. In addition, blood cannot be manufactured, so donations are the only way we can give blood to those who need it.

Nearly 21 million blood components are transfused in the U.S. every year, yet only 37 percent of the country’s population is able to donate blood.

**To donate, call Vitalant at  
877-258-4825**

**or the Red Cross at  
1-800-733-2767**

# All Carteret Residents Encouraged to Participate in 2020 Census

Mayor Reiman is encouraging all Carteret residents to participate in the 2020 U.S. Census. Supplying accurate information to the Census Bureau will ensure that Carteret and the State of New Jersey receive part of the \$800 billion in federal funds being provided for infrastructure projects, healthcare, social programs, and assistance.

*“It’s important for all residents of Carteret to be counted so we can receive our fair share from the Federal government,” said Mayor Reiman. “Regardless of your immigration status, please fill out the simple questionnaire by phone, online, or by mail. It only takes a few minutes and it is illegal for any of your answers*

*to be used against you by any law enforcement agency or court.”* All households will receive a mailed invitation to participate in the Census over the phone or online. Households that do not respond will receive mailed paper forms by early April. The remaining non-participants will be visited by Census workers by late May.

Individuals interested in applying to become a Census worker and all wanting more information about the 2020 Census may visit:

[2020Census.gov](https://2020Census.gov)

**CENSUS 101**

**It’s about fair representation.**  
Every ten years, the results of the census are used to reapportion the House of Representatives, determining how many seats each state gets.

**CENSUS 101**

**Taking part is your civic duty.**  
Completing the census is required: it’s a way to participate in our democracy and say “I COUNT!”

**CENSUS 101**

**You can help.**  
You are the expert—we need your ideas on the best way to make sure everyone in your community gets counted.

**CENSUS 101**

**It’s about redistricting.**  
After each census, state officials use the results to redraw the boundaries of their congressional and state legislative districts, adapting to population shifts.

**CENSUS 101**

**Everyone counts.**  
The census counts every person living in the U.S. once, only once, and in the right place.

**CENSUS 101**

**Your data are confidential.**  
Federal law protects your census responses. Your answers can only be used to produce statistics.  
By law we cannot share your information with immigration enforcement agencies, law enforcement agencies, or allow it to be used to determine your eligibility for government benefits.

## Save Money. Get Your Taxes Done for Free!



Save up to \$300 when you avoid using a paid preparer. You can get your taxes done for free by IRS-certified volunteers at locations throughout the community. Income up to \$65,000 (single).

The free tax sites also help eligible taxpayers claim important tax credits and refunds. Over 2,000 people helped in 2018!

You may qualify for:

- The Earned Income Tax Credit
- **Increased** - Child Tax Credit - \$2,000
- **New** - Other Dependent Credit - \$500

**Please Call to get your tax return prepared:  
(732) 541-3830**

The Carteret Public Library is offering a FREE TAX PREPARATION service this year!

These services are provided by United Way of Central Jersey IRS-certified volunteers who will sit with you to file your taxes. Here are the dates available:

**Thursday, March 19  
from 10:00 AM to 1:00 PM**

**\*\*These are by appointments only\*\***

You can register for an appointment by either calling the library at 732-541-3830, or stop by and fill in the registration form.



Come with a Purpose,  
**Leave with a Plan**

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## **All Recovery Meeting**

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All Recovery Meetings honor all pathways to recovery, acknowledging that each person's path is unique and reflects their personal strengths. We are offering an opportunity for social support that focuses on the hope found in recovery and to connect with others who are initiating and maintaining a recovery lifestyle.

Whether you are seeking or maintaining recovery for yourself or you have a family member or friend who has been influenced by substance use disorder, this group is for you.

**Every Thursday evening**  
RWJ University Hospital Rahway  
Conference Room 1  
865 Stone Street, N.J. 07065

For more information, contact Lynn Seaward at  
[lynn.seaward@rwjbh.org](mailto:lynn.seaward@rwjbh.org) or (732) 837-9401

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and Recovery | **RWJ Barnabas**  
**HEALTH**



# Social Security Launches New Campaign to Fight Scammers



The Social Security Administration launched a new Public Service Announcement (PSA) campaign to continue warning people about the ongoing nationwide telephone impersonation scheme. The PSAs feature a message from Social Security Commissioner Andrew Saul. Social Security and its Office of the Inspector General (OIG) continue to receive reports about fraudulent phone calls from people falsely claiming to be Social Security employees. The scammers mislead victims into making cash or gift card payments for help with purported identity theft, or to avoid arrest for bogus Social Security number problems.

“I want every American to know that if a suspicious caller states there is a problem with their Social Security number or account, they should hang up and never give the caller money or personal information. People should then go online to [oig.ssa.gov](http://oig.ssa.gov) to report the scam call to Social Security,” said Commissioner Saul.

People should also be on the lookout for a new version of this scam. Fraudsters are now emailing fake documents in attempts to get people to comply with their demands. Victims have received emails with attached letters and reports that appear to be from Social Security or the OIG. The letters may use official letterhead and government jargon to convince victims they are legitimate; they may also contain misspellings and grammar mistakes.

Social Security employees do occasionally contact people--generally those who have ongoing business with the agency--by telephone for business purposes. However, Social Security employees will never threaten a person, or promise a Social Security benefit approval, or increase, in exchange for information or money. In those cases, the call is fraudulent and

people should just hang up.

Generally, the agency mainly calls people who have recently applied for a Social Security benefit, someone who is already receiving payments and requires an update to their record, or a person who has requested a phone call from the agency. If a person is not in one of these situations, they normally would not receive a call from the agency.

Social Security will not:

- Tell you that your Social Security number has been suspended.
- Contact you to demand an immediate payment.
- Ask you for credit or debit card numbers over the phone.
- Require a specific means of debt repayment, like a prepaid debit card, a retail gift card, or cash.
- Demand that you pay a Social Security debt without the ability to appeal the amount you owe.
- Promise a Social Security benefit approval, or increase, in exchange for information or money.

If there is a problem with a person's Social Security number or record, in most cases Social Security will mail a letter. If a person needs to submit payments to Social Security, the agency will send a letter with instructions and payment options. People should never provide information or payment over the phone or Internet unless they are certain of who is receiving it.



## It's your neighborhood. Make an impact.

How does MyCarteret help you and the Borough get stuff fixed?



**See a problem?**  
Spot something in your neighborhood that needs a fix?



**Report it.**  
Submit a service request using the MyCarteret mobile app or webpage.



**Stay connected.**  
Requests go directly to a city employee, who can keep you updated on the status.



**Get results**  
Watch your city close requests!



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[Instagram.com/MyCarteret](https://www.instagram.com/MyCarteret)

[www.carteret.net](http://www.carteret.net)

Thank you to United Roosevelt Savings Bank for presenting the Carteret Business Partnership with a \$2,000 donation to the new Vocal Masterclass Program. URSB is a big supporter of our thriving Arts here in Carteret and is located directly next to our upcoming Carteret Performing Arts and Events Center on Cooke Ave!



ADVERTORIAL

## QUESTION:

### Do You Suffer From Knee Pain?

**I have knee pain from arthritis. Is there anything I can do to relieve the pain? Is knee replacement my only option?**

Osteoarthritis of the knee is the #1 leading cause of disability in the U.S. Over 27 million people suffer with knee arthritis and that number continues to grow. With knee arthritis, the cartilage breaks down and wears away, leaving the bones to rub together causing pain swelling stiffness and limited range of motion. As the cartilage breaks down, the knee loses its lubrication fluid with a natural substance called Hyalgan, the lubrication is restored and many patients experience amazing pain relief within only a few weeks.

#### What is Hyalgan and how does it work?

Hyalgan is a natural lubricating fluid that acts as a lubricant and shock absorber inside the knee joint, enabling you knee to work properly. The substance in Hyalgan is hyaluronic acid which is normally found in high levels in healthy joints. Replacing the hyaluronic acid with Hyalgan lubricates the joint and reduces pain. Hyalgan has helped millions of people manage their knee pain for more than 25 years. Hyalgan has been administered over 40 million times and has been proven to provide long-lasting relief of knee pain from osteoarthritis.

*I would say that my knee is 70% better. When I came here the first time I couldn't walk at all. Now I can walk and I don't have that much pain. I can get in and out of the shower now. I'm very satisfied with my results. You did a good job!*

Francine L.



#### What if you already tried knee injections?

If you have had injections like this in the past and experienced poor results, there is still hope! Many doctors in this area offer similar injections, but very few use precision fluoroscopy guidance. Fluoroscopy guidance ensures that the pain relieving Hyalgan reaches the knee capsule where it bonds with the joint fluid to create a lubrication and cushioning layer. Without fluoroscopy, it is estimated that doctors "miss" the capsule over 30% of the time resulting in poor results. We want each and every one of our patients to have the greatest chance of success, so every injection is done with precision fluoroscopy guidance to ensure that the Hyalgan gets into the capsule 100% of the time. Because of this patients who previously felt little to no relief with non-fluoroscopy guided injection are now getting excellent results in our office. The other "big difference" in our results is the multitude of other supportive care options that we have available to enhance the effectiveness of the Hyalgan procedure.



*It used to be difficult for me to sleep because of the knee pain but now I can sleep throughout the night with no problem at all. My knee used to be swollen all the time but it isn't swollen anymore.*

Jose F.

These options include state of the art medical laser treatment, physical therapy, manipulation, corrective osteoarthritis bracing (takes pressure off the damaged section of the knee), and natural anti-inflammatory products. The combination of these treatments offers you what we feel is the most comprehensive non-surgical knee treatment program available. The right combination can make all the difference in the world.

#### Does it hurt?

Many of our patients report that they feel little to no pain at all! We do everything possible to minimize any pain from the procedure, from pain relieving spray and a local anesthetic, to precision guidance that ensures we are always in the right spot. And most importantly, our doctors take as much

time as necessary to make sure that you are always completely comfortable on every visit.

#### Will my insurance cover Hyalgan?

This procedure is covered by most major insurance companies including Medicare. Our insurance department pre-verifies every patient to confirm insurance coverage.

#### Who will be performing the Hyalgan procedure?

Dr. Scot Paris is the medical physician who performs the Hyalgan injections. Dr. Paris is trained as a general surgeon and has extensive experience with a variety of surgical procedures. With his conservative approach, he has excelled in the non-surgical treatment of knee pain with the use of fluoroscopy guided Hyalgan injections.

*Before the procedure my knee pain was terrible. Now I have no knee pain when I walk. I'm very happy with the results.*

Helen C.



#### So how do I know if your knee pain treatment program will help me?

If you are tired of suffering with painful arthritis of the knee, and you want to see if the latest advances in non-surgical treatment can help, all you have to do is call **732-827-0800** to set up a risk free consultation with one of our doctors. During the consultation all of your questions will be answered in a warm and friendly environment. Knee replacement surgery is a very extreme measure to take without considering all of your other options first. Once it's done there is no turning back. For that reason we encourage you to schedule an appointment to see if you are a candidate for Hyalgan treatment. You can always have more radical procedures performed later. We are proud to offer our patients a comprehensive knee pain treatment program that includes the best non-surgical methods to relieve pain all under one roof. We look forward to having the opportunity to help your knee pain and call to schedule an appointment today!



Dr. Scot Paris using precision fluoroscopy guidance to ensure the best results possible.

**Paid For By: Dr. Scot Paris, M.D., Northeast Spine & Wellness Center  
732-827-0800 • 60 Cooke Ave., Carteret N.J., 07008 • NESpineCenter.com**

# Mayor Dan Reiman

the Carteret Recreation Commission  
and The Carteret Business Partnership present



## Vocal Masterclass Sessions at the Blazing Star Cultural Arts Center

Vocal advice, an introduction to vocal recording and songwriting, and an introduction to digital audio workstation techniques, taught by Carteret's own Kason Jackson, Vocal Instructor from Carteret High School's Varsity Vocals.

### Vocal Masterclass Session II

April 15th 7:30-8:30 p.m.  
April 22nd 7:30-8:30 p.m.  
April 29th 7:30-8:30 p.m.  
May 6th 7:30-8:30 p.m.

**LOCATION:** Blazing Star Cultural Arts Center, 63 Carteret Ave.

**COST:** \$25 (per session)

**AGES:** Grades 6-12

#### SPONSORED BY:

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#### CARTERET RECREATION COMMISSION

www.Carteret.net  
(732) 541-3890

**2020** CARTERET HEALTH DEPARTMENT  
**DOG & CAT  
LICENSE RENEWAL**

**(732)  
541-3890**

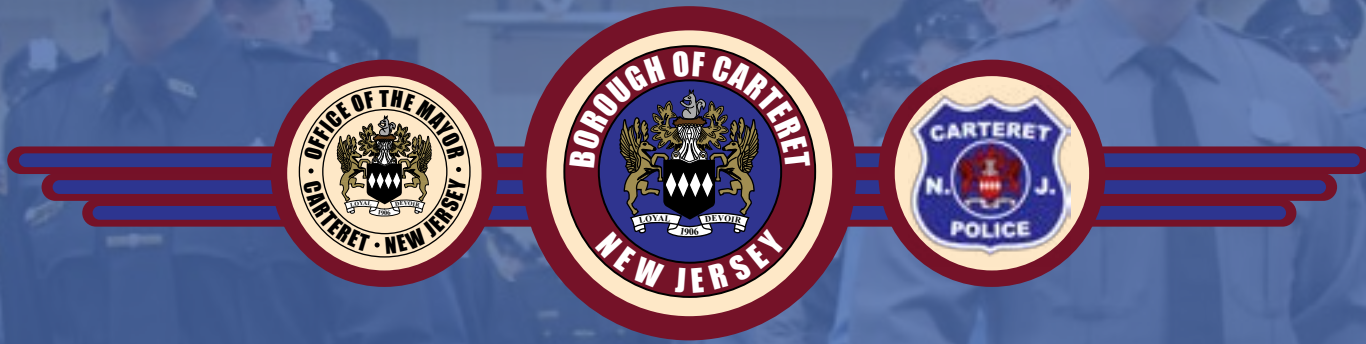


Dog License:  
Spayed/Neutered: \$16.20  
Not Spayed/Neutered: \$19.20

Dog License: (Senior Rate)  
Spayed/ Neutered: \$8.70  
Not Spayed/Neutered: \$11.70

Cat License:  
\$15.00  
(Senior Rate) \$7.50

An important announcement from  
**Mayor Dan Reiman,**  
the Borough Council, and the Carteret Police Department



# The Carteret Police Department is now hiring!

## **Positions Available:**

*Special Law Enforcement Officers*

*Crossing Guards*

*911 Dispatchers*

**For more information or to apply visit [Carteret.net/Jobs](http://Carteret.net/Jobs)**



RWJ RAHWAY  
FITNESS & WELLNESS CENTER  
— at —  
CARTERET

# SUMMER CAMP 2020

JUNE 29 - SEPTEMBER 4, 9:00am-3:00pm



For more information visit:  
[rwjfitnesscarteret.com](http://rwjfitnesscarteret.com) | 732.541.2333  
or email Amy Stackhouse, *Camp Director*  
[Amys@fitnessandwellness.org](mailto:Amys@fitnessandwellness.org)



# COMMUNITY SPOTLIGHT



## Nicholas Sisko

Our Carteret community lost World War II veteran Nicholas Sisko, 91, on January 15th. Nick served our country in Germany during WWII and was awarded both the Victory Medal and the Army of Occupation Medal. Nick was a member of the Carteret Veterans of Foreign Wars for 64 years and attended the wake and participated in services for every VFW member that died.

Just this past year, Nick served as the Grand Marshall of our Carteret Memorial Day Parade. He will be missed by all in our community. Flags were lowered to half-staff on January 16th in his honor.



## Are you a Carteret historian?

Q1: Who is the first and only Carteret resident to have served as Commander in Chief for the Veterans of Foreign Wars (V.F.W.)?

Q2: Carteret's centennial anniversary celebration in 2006 coincided with the rededication of what historic World War I memorial?

Q3: What Carteret Mayor was the featured speaker at the grand opening of the Ritz Theater?

Answers to above questions:  
Q1: George Listicki Q2: The Memorial Municipal Building  
Q3: Thomas J. Mulvihill (1927)



[www.Carteret.net](http://www.Carteret.net)



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[Facebook.com/MyCarteret](https://Facebook.com/MyCarteret)



[Twitter.com/MyCarteret](https://Twitter.com/MyCarteret)



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**Carteret has its own Snapchat Geo-filter!** Carteret Geo-filter is a special overlay for snaps that can only be accessed in Carteret. Whether you are a resident or a visitor, it is a fun way to share where you are with your friends.

